



By William Rich

More than 300 people attended a community workshop at the Mandarin Oriental Hotel on June 7 organized by the Southwest Neighborhood Assembly and Advisory Neighborhood Commission 6D to discuss the Stage One Planned Unit Development (PUD) for The Wharf, the \$2 billion redevelopment of the Southwest Waterfront by the Hoffman-Madison Waterfront team. At the meeting, five main themes were discussed: design and public realm; transportation, traffic and parking; maritime plan; sustainability and environment; and retail and amenities.

In its current form, the Southwest Waterfront is an underutilized area of the city with little open space, acres of surface parking lots and low slung buildings with single uses. Water Street, SW, runs parallel to Maine Avenue, SW, and is used as a service road to access local businesses. In addition, there are cruise ship operators and the largest live-aboard community on the East Coast of nearly 100 live-aboard houseboats at the Gangplank Marina.

The Wharf PUD calls for a complete overhaul of the 26-acre site west of Maine Avenue, SW, from the fish market to the Metropolitan Police Department pier. There will be a total of 1,500 multifamily units, three hotels with a total of 625 keys, 400,000 square feet of office

Plans move forward at The Wharf



M Street Landing will allow visitors to view the recently completed Arena Stage from the waterfront. Courtesy of Hoffman-Madison Waterfront.

space, 300,000 square feet of ground-floor retail wrapped around most buildings, a music hall, 2,500 parking spaces in five garages, and 400-500 marina slips (including space for the live-aboard houseboats at Gangplank).

Jason Kopp, President of the Gangplank Slipholders Association, is mostly pleased with the plan. "We are excited that the development team is committed to preserving the Gangplank live-aboard community during the transition and in the new marina. As our homes will be directly affected, we are a built-in and engaged stakeholder," said Kopp. However, Kopp is waiting for the Hoffman-Madison Waterfront team to provide a transition plan that will avoid disruption of utilities and limit the shuffling of houseboats during the redevelopment.

Stan Eckstut from EE&K Architects gave an overview of the master plan for The Wharf at the community workshop. In his remarks, Eckstut mentioned that the design of the Southwest Waterfront is not an interpretation of other cities' waterfronts but is unique to Washington D.C.

More of the commercial activity will occur in the northwest portion of the development with less active uses closer to the existing residential neighborhood. Water Street, SW, will be removed, and the promenade will be widened to

Continued on Page 7

Metrobus 74 to replace 70/71

By Ron McBee

On June 8 more than 200 riders of the 70/71 Metrobus met at Arena Stage at the Mead Center for American Theater to discuss with Jim Hamre, Director of Bus Planning for the Washington Metropolitan Area Transit Authority (WMATA) and his staff the suspension of the 70/71 route and the new proposed 74 route. Also in attendance were Ward 6 Councilmember Tommy Wells and his

Director of the Committee on Transportation, Jonathan Kass.

Attendees contributed much useful input as Councilmember Wells facilitated the meeting. The WMATA staff presented the advantages for the new 74 Metrobus route, discussed with the audience what they like about the 70/71 route, and responded to questions and concerns regarding the change to the new 74 route. Presently the 70/71 Bus has been unreliable and not always keeping its schedule; often buses would get bunched up on the route. Additionally, the 70/71 line terminated at Half and O Streets, SW, often leaving riders to either wait for the next bus or walk home from that stop.

The WMATA board has approved the new 74 bus, which will replace the Southwest portion of the current 70/71 route for a one-year trial period. The 74 Metrobus will run the same route and schedule as the 70/71 route south of the National Mall. This is possible because of the \$400,000 Councilmember Wells was able to contribute to the WMATA budget.

The new 74 route will go to the Convention Center (possibly up to K Street, NW) where it will connect with the Georgetown-Union station Circulator route. Riders going north on the 70 Metrobus can change buses from the 74

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Jefferson Middle School students set sail on the schooner Sultana



Captain Tanya Banks Christensen turns over the helm of the Schooner Sultana to Jefferson Middle School Students in the Anacostia River.

On June 7 the Schooner Sultana arrived on its seventh annual port call to Washington, D.C. The schooner is operated by the nationally renowned Sultana Projects (based in Chestertown, Md.) and provides three- and five-hour educational sails placing students and teachers from Maryland, Virginia and the District of Columbia aboard a precise replica of the

1768 Royal Navy Revenue Cutter, the HMS Sultana, stationed on the Chesapeake Bay shortly before the Revolutionary War.

This year, the Sultana Projects offered more than three hundred scholarships to District students, including 150 to the Southwest's Jefferson Middle School. The Jefferson

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The DC Circulator SW Waterfront/Convention Center route will be suspended as of Friday, Sep. 30th, 2011. The Navy Yard/Union Station Circulator route will have its service hours and route extended to serve Anacostia via the 11th Street bridge. As of now, the schedule and route have not yet been released. Ward 6 Councilmember Tommy Wells is exploring how the Navy Yard/Union Station route can possibly connect with SW residents to provide access to Capitol Hill in a logical route that can be maintained.

Jonathan Kass with Ron McBee is looking into adding a next train sign at the top of the Waterfront Metro Station to provide real-time train information.

Local Government and Organizations

ANC 6D monthly meeting: *As seen from the pew*

By Tiffany Klaff

The Advisory Neighborhood Commission (ANC) 6D met on June 13 at Arena Stage at the Mead Center for American Theater. Metropolitan Police Department Assistant Chief Diane Groomes and Lieutenant Nicholas Gallucci reassured local residents, reporting that two men responsible for 22 robberies (including eight occurring within two weeks in Southwest) have been caught. Groomes also explained that Police Service Area’s (PSA’s) 104 boundaries are being realigned to even out each PSA so that each district will have roughly 14 percent of the workload. Currently, Metropolitan District 1 has about 24 percent. Inspector Alisa Petty is acting 1D Commissioner right now and a new commander will be named soon. MPD is offering a camp for children ages 7 to 14 to go to Scotland, Md., for one week over the summer. The program runs for six weeks. For more information and other opportunities for kids visit onecitysummerfun.dc.gov or call 311.

Next up was a long-anticipated update on developments at Waterfront Station. Gordon Fraley from developer Vornado reported that the two towers on either side of the current Waterfront Station (formerly EPA buildings) have been approved for conversion to residential. The sale of the buildings to developer Urban Atlantic was completed in March. Construction is expected to begin in 2012. In addition, the buildings at 1100 and 1101 Fourth St., SW, were recently sold to USA Real Estate, although Vornado will be retained as the buildings’ manager. In addition, Vornado signed a lease with TD Bank. It is anticipated the bank will open in about a year. The Bank of America trailer holds its lease through December 2012, although the developers are not sure if they will remain in the space until the lease runs out. Starting approximately Aug. 1, residents can expect to see some changes at the CVS Store as they update selected standards. Customers won’t have to worry about an interruption in service as the store will remain open throughout

the modernization.

Felicia Coutts, Project Manager for the SW Playground Project (SWPP), asked the ANC for a letter of support designating SWPP as the official group to build a playground in Southwest. The group hopes to construct a playground at 900 Wesley Pl., SW (in front of the library), with construction anticipated to begin in October. The potential plans include adding play equipment for children ages 2 to 12, while keeping the pedestrian pathways. There has been much debate regarding placement of the playground at this location. In response to Coutts’ request, residents living around that area voiced specific concerns, including that the site was well-known for crime, environmental concerns regarding the location previously being a funeral home, and that the playground may disturb library patrons looking for a quiet spot. Coutts reported that the group will be coordinating with the National Association

of Landscape Architects and D.C.’s Department of Parks and Recreation to ensure the site is safe. The ANC voted 7-0-0 in favor of supporting SWPP as the official playground group but made an important note that their letter will not include a recommendation for the playground’s location.

ANC 6D Chair Ron McBee gave an update on the Metro’s proposed changes to the 70/71 Metrobus route and the addition of a 74 Metrobus route, distributing a pamphlet from Metro that lists the details and benefits of a potential Route 74. Originally, the 74 was scheduled to run from 5 a.m. to 8 p.m. only on weekdays and to offer no service on weekends. McBee reported that the service will now be seven days a week, 20 hours per day (same as 70/71), but the remaining details are still in flux. Metro is focusing on the improved reliability of the new route (peak-period frequency will be 14 to 15 minutes), eliminating the long layover at Half and O Streets, and the ease of

transfer to other public transportation options. Two representatives from Pepco spoke about the company’s smart meter program. Crews began installing the new smart meters in October 2010 and will continue the installation process through the end of 2011. As of June 13, Pepco installed 3500 smart meters in Southwest. Residents will receive a letter and fact sheet from Pepco before meters are scheduled for installation. A short disruption in electric service, lasting no longer than 15 minutes, may require the resetting of clocks or other electronic equipment. Residents do not need to be home for the meter installation; installers will leave a door hanger to inform residents of the smart meter installation or otherwise request that residents call to set up an appointment. Smart meters are equipped with technology that allows two-way communication between a home or busi-

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Community Calendar

JULY

FRI. 1 6 P.M.: Concert at Yards Park featuring R&B group “Framework” 3rd and Water streets, SE.

6:30 P.M.: Potluck and Game Night (7 p.m.), St. Augustine’s Episcopal Church, 600 M St., SW

WED. 6 6:30 P.M.: Creative writing for teens. Southwest Library, 900 Wesley Pl. SW.

THURS. 7 8 A.M. - 9:30 A.M.: Councilmember Tommy Wells Office Hours, Channel Inn, 650 Water St., SW

8:45 P.M.: Front Flicks Outdoor Movie: “The Social Network” 100 Tingey St., SE.

FRI. 8 6 P.M.: Concert at Yards Park featuring Reggae group “Jah Works” 3rd and Water streets, SE.

SAT. 9 12 A.M. TO 6 P.M.: Second Baptist Church’s Community Church Celebration: Block Party Cookoff. First & M streets, SW.

MON. 11 4 P.M.: American Sign Language Story Time. Southwest Library, 900 Wesley Pl. SW

6 P.M. TO 8 P.M.: Vacation Bible School. Second Baptist Church, First & M streets, SW.

7 P.M.: Pregnancy support group for women (ages 15 - adult). Southwest Library, 900 Wesley Pl. SW.

7 P.M.: Advisory Neighborhood Commission (ANC) meeting, Department of Consumer and Regulatory Affairs, 1100 Fourth St., SW.

TUES. 12 6 P.M. TO 8 P.M.: Vacation Bible School. Second Baptist Church, First & M streets, SW.

WED. 13 6 P.M. TO 8 P.M.: Vacation Bible School. Second Baptist Church, First & M streets, SW.

6:30 P.M. Poetry/Open Microphone. Southwest Library, 900 Wesley Pl. SW.

6:30 P.M.: Storytalk - a literature discussion program for teens, 6:30 p.m. Southwest Library, 900 Wesley Pl. SW.

THURS. 14 6 P.M. TO 8 P.M.: Vacation Bible School. Second Baptist Church, First & M streets, SW.

8:45 P.M.: Front Flicks Outdoor Movie: “Breakfast at Tiffany’s” 100 Tingey St., SE.

FRI. 15 6 P.M. TO 8 P.M.: Vacation Bible School. Second Baptist Church, First & M streets, SW.

6 P.M.: Concert at Yards Park featuring Top-40 group “Cazhmiere” 3rd and Water streets, SE.

SUN. 17 7 P.M.: Pregnancy support group for women (ages 15 - adult). Southwest Library, 900

Wesley Pl. SW.

WED. 20 6:30 P.M.: Creative writing for teens. Southwest Library, 900 Wesley Pl. SW.

6:30 P.M.: American Cancer Society Breast Cancer Support Group, RSVP required by email at tjones15@verizon.net or phone at 202-488-3746. 1101 4th St., SW, Suite W110

THURS. 21 7 P.M.: Police Service Area (PSA) 104 Waterside Tower Apartments, 900 Sixth St., SW.

8:45 P.M.: Front Flicks Outdoor Movie: “The Bourne Ultimatum” 100 Tingey St., SE.

FRI. 22 6 P.M.: Concert at Yards Park featuring Variety Rock group “Dr. FU” 3rd and Water streets, SE.

MON. 25 7 P.M.: Pregnancy support group for women (ages 15 - adult). Southwest Library, 900 Wesley Pl. SW.

7 P.M.: General Community Meeting - SW Neighborhood Assembly, St. Augustine’s, 600 M St., SW

WED. 27 6:30 P.M.: Storytalk - a literature discussion program for teens, 6:30 p.m. Southwest Library, 900 Wesley Pl. SW.

THURS. 28 10:30 A.M.: Blue Sky Puppet Theatre - “If Pigs Could Fly.” Southwest Library, 900 Wesley Pl. SW.

8:45 P.M.: Front Flicks Outdoor Movie: “West Side Story” 100 Tingey St., SE.

FRI. 29 6 P.M.: Concert at Yards Park featuring R&B/Funk group “Signature” 3rd and Water streets, SE.

SAT. 30 1 P.M.: Kitchen Table Book Discussion - *The Omnivore’s Dilemma* by Michael Pollan. Southwest Library, 900 Wesley Pl. SW.

WEEKLY, BIWEEKLY

LUNCHTIME MOVIES FOR TEENS, Southwest Library, 900 Wesley Pl. SW, every Tuesday and Thursday, noon to 2 p.m.

PRESCHOOL STORY TIME, Southwest Library, 900 Wesley Pl. SW, every Tuesday and Thursday, 10:30 a.m.

THE KIWANIS CLUB OF SOUTHWEST WATERFRONT, Christ United Methodist Church, 900 Fourth St. SW, every first and third Monday from 6:30 p.m. – 7:30 p.m.

MONDAY EVENING FILMS, Southwest Library, 900 Wesley Pl. SW, every Monday, 6:30 p.m. Experience a different cinematic treat every week. Call 202-724-4752 for movie titles. All ages.

COMPUTER CLASSES FOR ADULTS, Southwest Library, 900 Wesley Pl. SW, every Thursday, 10 a.m. July 7: Introduction to Personal Computers; July 14: Introduction to the Internet; July 21: Library website; July 28 Email basics.

THE SOUTH WASHINGTON WEST OF THE RIVER FATHERHOOD PROGRAM, St. Augustine’s Church, 600 M St. SW, Tuesday and Thursday evenings. For more information, call Alphonso Coles at (202) 870-1885.

SOUTHWEST SEWING GROUP, MONDAYS, 9:30 a.m.-2:30 p.m., St. Augustine’s Church, 600 M St. SW. Contact Willie Mae Stukes, sewing teacher, at (301) 445-1792. Open to all interested in working on their own sewing projects and updating their hand and/or machine sewing skills. Mondays, except for July and August.

SOUTHWEST RENEWAL AA, Alcoholics Anonymous group, Mondays, 8:30 p.m., St. Augustine’s Church, 600 M St. SW, (202) 554-3222.

SW FREEWAY NA, Narcotics Anonymous group, Wednesdays, 7 p.m.-8 p.m., Westminster Presbyterian Church, 400 I St. SW, (202) 484-7700.

HAND DANCING CLASSES, Jitter bug, lindy hop. Saturdays, 12 p.m. – 1 p.m. Classes by Markus Smith of Swing Anatomy Dance. \$10/class for adults, \$5/class for children ages 8 – 17. Christ United Methodist community room off Wesley Pl., SW

HAIKU TO HIP HOP, creative writing workshop Wednesdays, 6:30 p.m. For ages 12 through 19, Southwest Library, 900 Wesley Pl., Wednesday 7 p.m. – 9 p.m. For all levels, even beginners.

CHESS CLUB, Southwest Library main room, 900 Wesley Pl., Wednesdays 6:30 p.m. For all levels.

BLUES MONDAYS, 6 p.m.-9 p.m. Various blues musicians and singers featured each Monday, \$5. Food for sale, SW Westminster Presbyterian Church, 400 I St., SW, 202-484-7700.

WELLNESS WEDNESDAYS, 4 p.m. Seated yoga and healing sessions (Pamela Wilson and Riva Wine), 5:30 p.m. Laughter yoga (Claire Trivedi), 7 p.m. Sampoorna yoga (Alex Rosen). Free with donations welcome, Westminster Presbyterian Church, 400 I St., SW, 202-484-7700.

JAZZ NIGHT IN SW, Fridays, 6 p.m.-9 p.m. Various jazz musicians and singers featured each Friday, \$5. Food for sale. Westminster Presbyterian Church, 400 I St., SW, 202-484-7700.

WASHINGTON STAMP COLLECTORS CLUB, 7 p.m.-9 p.m. First and third Wednesday each month. Buy, sell, and trade stamps. Refreshments, auctions, and programs. Christ United Methodist Church, 300 block I St., SW (202) 291-6229.

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Please submit calendar items for July events by email to thesouthwester@yahoo.com by July 20, 2011.

Local Government and Organizations

Local council takes positions on Wharf community benefits

By Rev. Ruth Hamilton

The SW Waterfront Development is a massive project with a tremendous number of issues and concerns related to the Near Southeast and Southwest community and the city at large. Based on its current capacity, the board of the Near Southeast-Southwest Community Benefits Coordinating Council (CBCC) has voted to take a position and work for community benefits in those aspects of the Wharf development that most fit CBCC's long-standing priorities and mission of maintaining diversity and improving the quality of life for all residents.

These aspects include workforce development, jobs and neighborhood retail, housing affordability and diversity and community participation and ongoing engagement.

CBCC is addressing workforce development by working for a strong presence of Near Southeast and Southwest job-training programs with the city and development-funded "Workforce Intermediary" structure also is helping ensure Ward 6 is among those areas given preferences for first-source

hiring.

CBCC also wants 5 percent of the required 35 percent procurement of Certified Business Entities' (CBE) goods and services to come from entities in Ward 6, in an effort to address jobs and neighborhood retail. CBCC will also work to help develop a network of local CBEs.

CBCC is planning to help ensure Ward 6 preferences in all three levels of "affordable" housing: 30 percent Area Median Income, 60 percent Area Median Income and workforce housing. Guarantees of return will also be sought for current resident of Gangplank Marina. CBCC plans to help establish ongoing neighborhood-based advisory groups to work with the city and the developers to ensure follow-through on goals and agreements of specific concern to residents of Near Southeast and Southwest.

Southwester Melissa Rohan has been hired as a part-time consultant to help advance these goals and develop CBCC's long-term capacity for oversight of these and other community benefit priorities.

For more information, contact CBCC Chair Ruth Hamilton at 202-641-8221.

Opening on Southwest Neighborhood Assembly for district representative

In June the District 4 representative to the Southwest Neighborhood Assembly resigned. The Assembly is saddened by the news and is now accepting nominations to fill the vacated seat. District 4 is bound by M Street, SW to the north; Delaware Avenue, SW and Canal Street, SW to the west; the Anacostia river to the South; and South Capitol Street, SE to the east. For more information visit http://www.swdc.org/about_swna/officers_directors.htm.

METROBUS

From p. 1

without any additional cost along Seventh Street from Archives to Massachusetts Avenue, NW. The new 74 Metrobus will begin operation on Sept. 25, 2011. It is anticipated that the header on the 74 bus heading north will be Convention Center and going south will read SW Waterfront/Nationals or Arena Stage, depending on whether it is a game day. The new 74 route will be a community bus, which will be communicated on its billboard.

Proposed enhancements to the 74 Metrobus include the following:

- Driver education/training, customer service training, and safety training so drivers will get to know the neighborhood(s) and be able to assist riders in a variety of situations
- All new green energy efficient buses with low floors to assist elderly and disabled riders
- Riders will no longer be interrupted by the termination of the bus at Half and O Streets, SW
- Dedicated supervisor to address rider issues and assist drivers
- Improved lighting at the Archives to increase safety
- Starting in December, new bus kiosks will

be identified, such as Arena Stage, with LED read out for the next bus, which will supply real-time information to riders

- A WMATA Community Committee to work with WMATA
- Provide ridership statistics and quarterly reports
- 74 Bus will extend to Buzzard Point only during rush hour without any layover
- Free advertising provided for nonprofit groups

Many issues still need to be worked out, including the 74 Metrobus return route south. It is unknown whether the route will remain on Seventh Street as discussed or use Ninth Street as the Circulator did. Also to be determined is how to handle the bus turning around at Massachusetts Avenue, NW.

Do we need any new stops? Where will new kiosks go? What will the new map and schedule look like: Circulator one page or WMATA fold? Can we get any of the 534,000 riders of the Waterfront/ Convention Center Circulator route to use the 74 route? How do we brand this community bus for riders? Do more riders mean shorter times between buses?

Please feel free to contact your ANC representative or The Southwester at thesouthwester@yahoo.com to find how you can be part of the process to answer some of these questions.

Safeway and community members respond to human rights complaint at store

On June 13 two Southwest residents filed a complaint with the D.C. Office of Human Rights regarding a homophobic slur directed at them by Safeway employee while at the store. Safeway has since released a statement regarding the issue and the employee has been terminated.

Safeway's Apology

"We were shocked and appalled to learn of the statements made to two of our valued customers by one of our employees. This incident is personally offensive to me and to the rest of the men and women who proudly represent us in our stores. This goes against everything we believe and practice in terms of serving and welcoming our customers, and in being a part of the diverse communities we are privileged to serve. We are at a loss to explain how one of our employees, even one who has been on the job for less than a month, could consider this kind of behavior to be acceptable. The employee has been terminated.

Besides investigating the incident itself, we also are looking into the unsatisfactory response our customers received when they attempted to bring this to the attention of local store management. The complaint should have been dealt with immediately and we apologize that this was not the case.

We have reached out to the customers involved to extend our sincere apology. We are truly sorry this happened in our store and are taking decisive and urgent action to ensure it does not happen again to any customer in any of the communities we serve. No one should face what these customers faced, and we are humbly sorry it happened to them in our store."

Community Response

I appreciate the enhanced response from

Safeway's Eastern Division President and that the cashier in question has indeed been terminated, two measures that would have been welcome days ago. I strongly urge you to more widely communicate that Safeway is committed to taking the following measures [as set forth in a previous email.] That Safeway will:

- Re-examine and reinforce your training practices,
- Immediately provide sensitivity training and diversity training for all employees at the SW store,
- Provide training with specific actions to properly address customer complaints regarding harassment claims or unprofessional behavior from your employees, and
- Provide all of the above to every store in the entire Eastern Division in a systematic fashion.

It's only in that way can the shoppers at our Southwest store, your customers throughout metropolitan Washington and the LGBT community truly understand that Safeway is committed to a proactive approach in addressing this unfortunate incident. Thank you for continuing the dialogue on behalf of the company.

Signed,

Andy Litsky

Commissioner, ANC 6D-04

Southwest Waterfront / Residential

cc: Roger Wilkins, Kael Anderson, President, Southwest Neighborhood Assembly
Rev. Ruth Hamilton, Westminster Presbyterian Church
Civility Committee, DC Democratic State Committee
MetroWeekly
Councilmember Tommy Wells
LeRoy Potts



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Help us to Make it a Dream Come True!

The SW Dog Park group is joining forces with other community activities and local leaders to establish a safe, social, clean and fun place for our area dogs - and for their owners. Please write to us to find out more about the group and next steps to making this a reality by writing to swdogpark@gmail.com.



Col. Carl Coffman, base commander of Ft. Myer and Ft. McNair, (in center) stands with representatives of the Washington Waterfront Association and other Southwesters at the May 26 Ft. Myer barbecue. Photo by Perry Klein.



**Now Hiring Associates at our
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Developer of The Yards Announces Seven New Restaurants and a Harris Teeter

Forest City Washington, today announced seven new restaurants and a Harris Teeter grocery store to be located at The Yards at the Capitol Riverfront.

"We are excited to announce these terrific restaurants and the addition of Harris Teeter to this vibrant, growing, mixed-use waterfront neighborhood. It is a perfect mix of both local and regional businesses, several of which are new restaurant concepts to complement the unique urban character of the community," said Deborah Ratner Salzberg, president, Forest City Washington.

The new restaurants and grocery store will be located in three different buildings within The Yards: the Foundry Lofts Apartments, Boilermaker Shops and 401 M Street.

Foundry Lofts Apartments will include Potbelly and Kruba Thai and Sushi, a new restaurant from the operators of Teak Wood Thai & Sushi Bar and Regent Thai in D.C. Both are expected to open in the first quarter 2012.

The Boilermaker Shops will include two separate concepts from the Neighborhood Restaurant Group, a locally based group. First, Buzz Bakery, a popular full-service bakery, coffee shop and dessert lounge will open its third location, featuring fresh, made from scratch creations from award-winning Pastry Chef Tiffany MacIsaac. Second, an innovative, new craft brewery will also debut. Neighborhood Restaurant Group also own D.C.'s Birch & Barley and ChurchKey, as well as restaurants in Virginia. Both Yards locations are scheduled to open late 2012.

In addition the Boilermaker Shops will include two Thompson Hospitality offerings, an Austin Grill

Express and brb--be right burger™. The Austin Grill Express will be a casual, funky Tex-Mex restaurant drawing on the experience of Austin Grill to deliver a unique menu and environment.

Brb will be a new restaurant concept featuring delicious burgers made without any chemicals you can't pronounce. Both are scheduled to open Fall 2012.

Lastly, Forest City announced the Fall 2012 arrival Huey's 24/7 Diner in the Boilermaker Shops. The restaurant will be a classic diner experience accented by traditional New Orleans dishes served in an Art Deco environment.

The 401 M Street Building will include a Harris Teeter scheduled to open in 2013.

The Yards is an adaptive reuse and redevelopment of a portion of the historic Washington Navy Yard located in the Capital Riverfront of Washington, DC. Upon full build-out, The Yards will comprise approximately 2,800 residential units for sale and for lease, 1.8 million square feet of new office space and 400,000 square feet of retail shopping, dining and entertainment venues. The initial residential building at The Yards, the Foundry Lofts Apartments, opens this October.

For more information about The Yards, please visit www.theyardsdc.com. Information in this article provided by Forest City Washington.



Aerial rendering of The Yards at Capitol Riverfront.. Rendering courtesy of Forest City Washington.

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SULTANA

From p. 1

Middle School scholarships were secured by the collaborative efforts of the Washington Waterfront Association's Tall Ship Committee with Jefferson Middle School's Principal, Ms. Patricia Pride, and Sultana Projects Vice President, Mr. Chris Cerino.

On board the ship, the Jefferson students deployed nets over the side to catch indigenous fish, tested water samples for dissolved oxygen and salinity, hauled and set the schooner's top sails, learned pre-colonial history of life on board a British man-of-war and took the helm from the Sultana's Captain, Tanya Banks Christenson. In 2009, the Schooner Sultana received the American Sail Training Association's Sea Education Program of the Year and previously in 2004 and 2007 it was awarded the Walter Cronkite

Award for Excellence in Maritime Education. J. Nickerson, President of the Washington Waterfront Association, took the last cruise with the Jefferson students before Sultana sailed for her home port in Chestertown and noted that the Sultana Projects provided a once-in-a-lifetime opportunity to the students. Says Nickerson, "Although many of us go aboard tall ships that conduct port calls there are very few opportunities left for non-crew members -- let alone students, to sail on these vessels. Sultana Projects and the Schooner Sultana is the epitome of what the Washington Waterfront Association's Tall Ship committee is seeking to achieve -- not merely historic vessels tied up at the dock to create interest in the Waterfront but, tangible vehicles for our young adults to integrate their classroom curriculum from the deck of a vessel underway and a glimpse through a window on the larger world that awaits them."

Breast cancer support group to host Howard University doctor

By Thelma Jones

The American Cancer Society's Breast Cancer Support Group in Southwest will feature guest speaker Dr. Luisel J. Ricks-Santi of the Howard University Cancer Center and National Human Genome Center at its meeting on Wednesday, July 20.

Dr. Ricks-Santi, a former Southwest resident, will discuss cancer prevention and the various programs offered at Howard University to under-insured and uninsured residents. In addition Dr. Ricks-Santi will discuss the findings of her recent breast-cancer study as they relate to why African American women are developing more aggressive types of breast cancer at younger ages.

The support group is open to survivors, caregivers and residents at large. Space is limited to 25 participants. The meeting will be held at 6:30 p.m. at the Southwest Neighborhood Assembly Office at Waterfront Station, 1101 Fourth St., SW, Suite W110. Refreshments will be served.

For security reasons, participants must RSVP to Thelma D. Jones at tjones15@verizon.net or call (202) 488-3746 by Friday, July 15.

Blotter

By John McGrath

Highlights of Monthly PSA 104 Meeting, Thursday, June 16

■ Sgt. Michael Architzel, substituting for Lt. Nicholas Gallucci, reviewed the PSA 104 crime statistics for January 1 through May 31, 2011 compared to 2010. Robbery is up 8 percent (27 vs. 25); assault with a deadly weapon, which includes incidents of domestic violence, is up 64.3 percent (23 vs. 14); burglary is up 37.5 percent (22 vs. 16); theft, which includes shoplifting, is up 35 percent (81 vs. 60); stolen auto is up 26.1 percent (29 vs. 33); and theft from auto is down 47.2 percent (19 vs. 36).

■ Police updated citizens in attendance of recent cases in the community. They reported the arrest of two suspects responsible for 22 armed robberies (with a getaway car) in PSA 104 and citywide. However, alleged robberies involving juveniles or adults on bikes along Fourth Street, SW are not solved to date.

■ Citizens were concerned about aggressive behavior by bike riders on sidewalks along Fourth Street, SW and M Street, SW, however police noted that bike riding on the sidewalk is not illegal in Southwest.

■ The boundaries of PSA 104 boundaries are being realigned. Independence Ave. is the new north boundary and 14th St. the new west boundary. Consult First District website for complete details. To access the First District website visit www.mpd.cdc.gov and from the home page click on the link to "Police Districts and PSAs."

Police stated there is an arrest book for the First District available for inspection at the front desk at First District headquarters, 101 M St. SW.

■ Police and DC Traffic control are giving more tickets for illegal bus parking and idling along M Street, SW; Maine Avenue, SW; and Water Street, SW; however, buses parked in private parking lots (e.g., near Harbour Square and Tiber Island) are legal. In response to audience discussion, police stressed that they must balance crime fighting versus parking enforcement within limited resources.

■ Police stressed that they are responding to crime hot spots with undercover and plain clothes officers and vehicles as appropriate; and are giving attention to longstanding problems with juvenile behavior and limited marijuana sales in the O Street circle (300 O St., SW).

■ Naomi Monk and other SW residents are working with city officials to reduce homeless encampments at the 14th Street and Maine Avenue (underpass). Aggressive panhandling or the use of minor children for panhandling should be reported to police by calling 911.

The next meeting will be held Thursday, July 21 from 7 to 8:30 p.m., Waterside Towers Apartments, 907 Sixth St. SW.

ANC 6D

From p. 2

ness and Pepco. The new meters will ultimately provide customers with detailed energy information that will help them to better understand their electric use and help all of us meet our energy-reduction goals. Also, smart meters will automatically notify Pepco when a customer's service goes out, eliminating the need for residents to call Pepco to report outages and increasing reliability.

An informal presentation of the St. Mat-

thews Redevelopment project followed. Charles King, part of the redevelopment team, showed a slideshow with preliminary design drawings. The planned 11-story building will house apartments and share community space with the new church. Pastor Phillip Huber spoke about the potential community benefits, including 10,000 square feet of community space and meeting rooms, an urban outdoor community gathering space in the courtyard, and a coffee shop that will all be open to the public. The Planned Unit Development (PUD) has been submitted but no hearing has yet been scheduled.

ANC 6D meets at 7 p.m. the second Monday of each month (with no meeting held in August and October's meeting held on the third Monday of the month) at various locations in the neighborhood. The public is invited to attend. Please visit the ANC 6D website at <http://www.anc6d.org> for more information and meeting locations. Note that next month's meeting will be July 11 (not July 14 as listed on the June meeting's agenda) at the District's Department of Consumer and Regulatory Affairs (DCRA) office located at 1100 Fourth St., SW, just steps from the Southwest Metro station.

2 PUBLIC MEETINGS

Thursday, July 14, 2011 6:30 - 8:30 PM

DCOP's Maryland Avenue, SW Plan

The plan goals are to create a lively urban environment and better neighborhood and citywide connections by decking Maryland Avenue, SW above the railroad corridor. Give us your feedback on land use, urban design, transportation, and public realm recommendations for a reconstructed Maryland Avenue, SW and potential development sites along the Avenue.

Location: Waterfront Station, 1100 4th Street, SW Washington, DC 20024
2nd Floor Meeting Room, Photo I.D. Required
Metrorail: Waterfront-SEU (Green)

Tuesday, July 26, 2011 6:30 - 8:30 PM

NCPC's Southwest Ecodistrict Initiative

The initiative's goals are to create a model sustainable, active, multi-modal, mixed use neighborhood. Come give your feedback on the revitalization and redevelopment scenarios and draft recommendations targeting sustainability and livability strategies for the overall study area with emphasis on the 10th Street, SW corridor.

Location: Waterfront Station, 1100 4th Street, SW Washington, DC 20024
2nd Floor Meeting Room, Photo I.D. Required
Metrorail: Waterfront-SEU (Green)

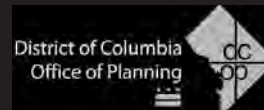
Agendas will be available online one week prior to each meeting at: www.ncpc.gov | www.planning.dc.gov

For more information and notice of future public meetings, contact:

NCPC at: swecodistrict@ncpc.gov | 202.482.7200
or DCOP at: joyce.tsepas@dc.gov | 202.535.1556



If you require accommodations in order to fully participate in these meetings, please inform Joyce Tsepas by calling 202-535-1556 or emailing joyce.tsepas@dc.gov





Adult beverages and your diet: Making it work

By Derrick Inglut

Summer is here, it's Saturday night and there is a slight spark of nostalgia permeating the air. After a long day at work, you're excited to meet some friends for a group outing in an hour. There is only one problem: Your new trainer just recommended a diet that does not include alcohol – or white foods, sugars, sodium, fat or anything processed. What is wrong with this picture? It's unrealistic.

The real problem with this type of diet is that it is doomed to fail from the beginning. Other than the most dedicated fitness gurus, most are not willing to completely give these things up. What is a person to do at business lunches, brunches, social outings and other obligations that usually include alcohol or dishes that are not included in restricting diets? Improvise.

The most successful diet is one that is based in reality; a diet that can be maintained for long periods of time without too much difficulty. All too often trainers and nutritionists write diets for their clients that completely neglect the clients' social life. While a super healthy diet may be maintained initially, a few weeks

without any type of treat usually leads to trouble. For long-term success, moderation – not abstinence – is key.

If drinking is your vice, this advice may help you to think about what you drink before you indulge. Ultimately, careful consideration could save thousands of calories per week. Although alcohol is not the choice of top athletes, for most it can be okay in moderation. After all, keeping a realistic diet is the ultimate strategy for long-term success. As always, consult your local physician before attempting any change to your diet or exercise program.

Top 5 worst drinks:

1. Margarita (in a pint glass): 550 calories
2. Mudslide (5 ounces): 417 calories
3. Long Island Ice Tea (8 ounces): 380 calories
4. White Russian (4.5 ounces): 320 calories
5. Piña Colada (6 ounces): 293 calories

Note: Calories will vary depending on potency and size. Quotes are for average sized drinks.

Top 5 best drinks:

1. Rum and Diet Coke (2 ounces rum): 130 calories
2. Vodka and Soda (2 ounces vodka): 130 calories
3. White Wine Spritzer (4 ounces dry wine): 80 calories
4. Bloody Mary (2 ounces vodka, 4 ounces tomato juice): 165 calories
5. Light Beer (12-ounce bottle): 100 calories (on average)

Note: 80-proof vodka/um/gin/tequila are each about 65 calories per ounce. One shot equals 1.5 ounces to the line and 2 ounces to the brim. Most bartenders pour at least 2 to 3 ounces per drink, often more if the bartender likes you! Adjust your calories accordingly.

Derrick Inglut is a professional personal trainer and monthly columnist for The Southwester. He can be contacted at derrick1051@hotmail.com

Emma P. Ward wins Ms. Senior D.C. 2011

By Yummy Tyler

Congratulations to our own Ward 6 entrant, Ms. Emma P. Ward, for becoming Ms. Senior D.C. 2011. Born in Cofferville, Alabama, Ms. Ward attended Federal City College (now University of District of Columbia) where she received her Master's degree in Arts in Elementary Education and Social Welfare. She received her Master's degree in Education from the University of Maryland. She also studied at the University of Ghana in West Africa and did post graduate studies at Trinity College. Ms. Ward, a teacher, retired from the U.S. Department of Agriculture after 35½ years of Federal service.

I don't remember when I first saw Ms. Emma Ward, but I do remember that I always saw her with at least 5 children at Southwest Jazz Night. I assumed they were her grandchildren. Well, to my surprise they were not her grandchildren. Ms. Emma, forever the educator, takes children not only to Southwest Jazz Night, but also to plays, museums and many social and cultural events as a way to broaden their horizons. She also tutors children in reading and math.

The pageant

When the contestants presented their "Philosophy of Life", Ms. Ward spoke confidently and sincerely. Her talent performance was electric. Her dance to Michael Jackson's "Billy Jean," complete with one glove, white socks, loafers and hat, was so up-tempo and youthful as to surprise those expecting a "Senior" competition. The Evening Gown competition was wonderful spectacle. I am not a fashion expert and will not attempt to describe the way her complexion complemented the beautiful peach gown or



Photo by Adrian R. Reed, DCOA

the way her diamonds were perfectly worn. I will say that when Ms. Emma walked, she was elegant, not haughty and proud but humble. She appeared to float across the stage. She was amazing.

Let me add, Ms. Ward is an active member of the D.C. Blues Society, has served as a member and Vice President of the Board of the Southwest Neighborhood Assembly and the Southwest Scholarship Committee. She is the first recipient of the "Points of Life" award for Outstanding Community Service and appeared in "Who's Who" for Outstanding American Women."

Ladies and gentlemen, not only did Ms. Emma win the title of Ms. Senior D.C. 2011, she also won the Best Salesperson competition. We have a wonderful representative with a solid platform for the national competition in Atlantic City, New Jersey, this October.

Rolling Thunder



Safeway patrons were treated to an unusual sight on May 27 when about 80 members of Rolling Thunder were treated to donuts and Starbucks coffee outside the store. The motorcyclists were en route to a rally at RFK Stadium. Photos by Perry Klein.

■ **Foundry Lofts at The Yards will start leasing apartment units on August 15.** The apartment conversion is located at the southeast corner of Third and Tingey street SE and is the old Pattern Joiner Shop building. Work to transform the 1918 structure into a 170-unit apartment building first began in 2008 but stalled later that year because of funding issues. Work then re-started last August when new financing for the affordable housing units in the building was secured. Ground floor retail tenants will be announced soon, and the building will open in October.

■ **The developers of the Capital City Market near Gallaudet University in Northeast will not pursue a stadium for DC United.** The removal of the Northeast site from contention leaves Akridge’s 100 V St., SE site in Buzzard

Development news

By William Rich

Point as the most viable site in play within the District for a new soccer stadium.

■ **Waterfront Associates sold its stake in the two completed office buildings at Waterfront Station to USAA Real Estate Company for \$356 million on May 10.** The two buildings located at 1100 and 1101 Fourth St., SW are fully leased to the District government. The developers behind Waterfront Station still maintain three lots for future phases of development - the Northwest, Southwest, and Southeast parcels.

■ **The former EPA towers at Waterfront Station will soon be converted to apartment buildings.** Urban Atlantic purchased the buildings from Waterfront Associates on March 7 for \$20 million and will start construction this fall on the conversion of the East tower to 265 units and the West tower to 252 units. Twenty percent, or about 104 units, will be set aside for households earning up to 50 percent of Area Median Income (AMI), which is approximately \$51,750. Construction will last approximately 22 months, so expect completion near the end of 2013.

■ **DDOT has completed its move out of the Reeves Center to 55 M St., SE.** The agency signed a lease for 150,000 square feet at the LEED-Gold certified building back in October 2010. The building is 85 percent leased.

■ **Station 4 received its certificate of occupancy on June 15 from the city,** which paves the way for the restaurant to open its doors. The American bistro-style restaurant is located on the ground floor of 1101 Fourth St., SW with seating for 210 including outdoor patio space.

News from Southwest was adapted from the “Southwest...The Little Quadrant That Could” blog (www.southwestquadrant.blogspot.com) and Near Southeast news was adapted from the “JD Land” blog (www.jdland.com/dc).

THE WHARF

From p. 1

60 feet, broken into three equal sections and, in most places, will be at “elevation 13” or 13 feet above the surface of the channel. The 20-foot section closest to buildings will be for outdoor seating. The middle 20-foot section will be a new roadway called Wharf Street, SW, with limited vehicular access and possibly a streetcar line that will run northwest-bound. The 20-foot section closest to the shoreline will be for pedestrians.

All of the parking for the development will be located below-grade, which is unique for waterfront developments, and all of the buildings are designed to not cast shadows on the water’s edge. The blocks at The Wharf are designed to be 250 feet long which is shorter than the typical length of blocks along other corridors of the city such as K Street, NW, which is 600 feet. Eckstut also noted that the buildings are designed so that there is no back side to the buildings along Maine Avenue and as much attention is being paid to the water side of the development as the land side.

Public spaces will be focal points of the development. M Street Landing will serve as the “front yard” for Arena Stage and feature family-oriented retail and perhaps an ice skating rink in the winter. The City Pier will be located at the terminus of Ninth Street from Maine Avenue and will jut out into the Washington Channel. This will be the main civic space of the Waterfront where tall ships can dock, a band shell may be located at the end of the pier, and a landmark light tower may be located adjacent to the pier. This will also be the area that will have the most programmed activity. Seventh Street Park will be at the terminus of Seventh Street, SW, and will be more formal in nature. It will be a grassy area with many trees. The adjacent retail space will be reserved for higher-end restaurants. There will also be a pedestrian pier with perhaps a gazebo and kayak rental facilities.

Maine Avenue, SW, will become a neighborhood street, with ground floor convenience goods retail such as dry cleaners, bakery, pharmacy, etc., running along its length. Each side of Maine Avenue, SW, will have a travel lane on the left, a second travel lane that shares space with a streetcar line, and a parking/loading lane. A row of street trees will separate the road from a 10-foot wide bike lane and a 15-foot wide sidewalk, so buildings will be 25 feet away from the street. Tour buses will be moved to Maine Avenue, SW, near M Street Landing so that dinner cruise ship patrons have easy access to the commercial pier.

Another unique feature of the development is the amount of affordable housing that will be available. Thirty percent of the first 500 residen-

tial units will be set aside as affordable housing. Half of the affordable units will be for those earning up to 30 percent of Area Median Income (AMI) and the other half for those earning up to 60 percent of AMI. Twenty percent of units over 500 will be reserved as workforce housing for those making 100 percent and 120 percent of AMI. The affordable units will blend in with market-rate housing, but two of the planned condominium buildings will be fully market-rate. There will be a mix of housing types including apartments, condos, hotel-served condos and townhouses in addition to the houseboats currently at the Waterfront.

Due to the planned density of The Wharf, about 55 percent of the site area will be public space. One consequence of the planned density is that buildings will be taller than those currently on the Waterfront, a situation which is of great concern to nearby residents. Harbour Square residents worry that their views in the direction of the Washington Channel will be marred by housing planned at Pier 4, currently used by the Spirit Cruises. Meanwhile, at community workshops, residents of Town Square Towers expressed concerns that views from their condos would be blocked by tall buildings near Seventh Street, SW.

About half of the buildings will rise to 130 feet but will be stepped and angled to reduce the appearance of a wall of buildings along Maine Avenue, SW. The average height of the other buildings will be between 60 and 70 feet. Both residential and commercial buildings will have ground floor retail with a height of 20 feet. The residential buildings will be 10 feet per floor above the base level, and commercial buildings will be 12 feet per floor. So, for a building 130 feet high, that translates to a 12-story residential building or a 10-story office building. According to zoning, an additional 18-foot mechanical penthouse is allowed on up to 33 percent of the surface area on top of the 130-foot buildings for a total of 148 feet. The taller buildings are concentrated in the middle of the development with shorter buildings closer to Arena Stage and the fish market.

At the community workshop, there were concerns raised according to each of the five major themes. Concerns brought by the Design and Public Realm group included too many 130-foot buildings, Pier 4, vistas and views. The Traffic and Transportation group had concerns regarding shared pedestrian safety/crossing esplanade zone, bike path/parking (valet service), resident parking, streetcars, bus parking, accommodations for those with disabilities, rush hour impact, traffic during Nationals games, and a traffic study. In the Maritime Plan group, there were concerns about a transition plan for the Gangplank community, holding regular meetings with people who live along the Waterfront and what the community wants at the

end of Seventh Street Pier. The Sustainability and Environment group wants public access to green roofs and community gardens (integrating design into sustainability), more storm water retention and gray water and externally-focused demonstration of sustainability by turning it “inside out.” Finally, the Retail and Amenities group wants “being a local” to mean something with regard to parking, affordability, jobs and opening a business. The group wants unique experiences at the music hall, food, shopping, etc., and they want proprietors and facility managers to keep locals, their kids and visitors safe.

Will any elements of the current Southwest Waterfront remain? There will be space for the Gangplank Marina and Capitol Yacht Club which will both receive new clubhouse facilities. The fish market will remain but will be cleaned up and enhanced with a new farmer’s market to replace the head house market that existed in

the area back in the 1930s. Monty Hoffman, the lead developer of the Hoffman-Madison Waterfront team, stated that they are hoping Cantina Marina and Jenny’s Asian Fusion will return once the redevelopment is complete, and Phillips may reappear in a smaller format restaurant.

The next steps in the process are the ANC vote on the Stage One PUD at their July 11 meeting and the Zoning Commission meeting on July 18. Multiple Stage Two PUDs that will give more details about building design will be submitted closer to the start of construction, slated to begin by the end of 2012 and deliver in phases over the next eight to ten years.

“We welcome the rest of the District and our visitors, and we are devoted to bringing new life to the Southwest Waterfront,” said Kopp. “This is going to be the neighborhood you want to visit, live in and support.”

The other Southwest

By Kael Anderson
Southwest Neighborhood
Assembly President

Organizing a Southwest Waterfront community event at the Mandarin Oriental served as a reminder that Southwest also lies just north of the SE/SW Freeway (not to mention the portion of Southwest that is south of the Anacostia). It seems all too easy to think of our neighborhood as ending at the freeway, and in some respects it does. But in other respects, the freeway is a perceptual barrier.

Most Southwest residents can get to the area between the National Mall and the freeway in ten minutes or less, compared to the minimum half hour it typically takes to reach popular destinations like Chinatown or beyond. Unfortunately, upcoming bus service cuts will further limit access to long-distance destinations. The record-setting attendance at the May 7th Workshop at Mandarin Oriental provides some confirmation that access to this northern district is not a significant impediment if sufficient reasons for a trip exist.

Why go north of the freeway? Certainly, the number one reason may be for

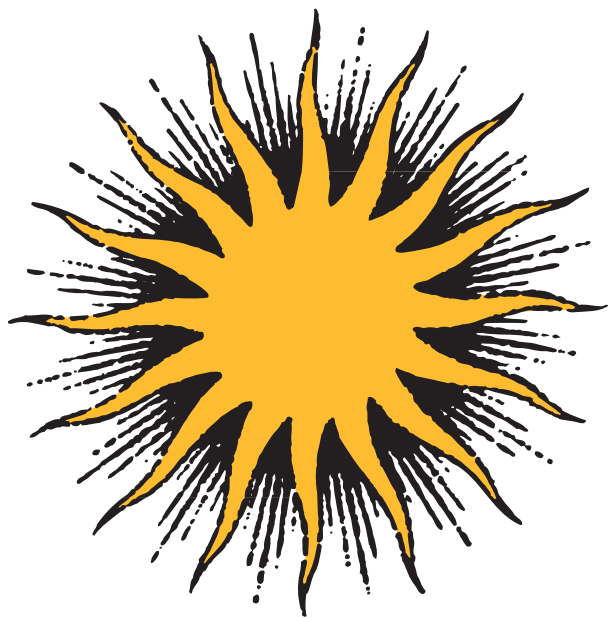
a job. A remarkable number of Southwest residents currently work in the District. Already one of the largest employment centers in the region, Southwest continues to grow as evidence by the recent leasing of the Patriots Plaza buildings and Constitution Center, the under-construction DC Forensics Laboratory and additional buildings proposed at L’Enfant Plaza. Additionally, a number of Federal buildings are undergoing renovation to accommodate more workers.

Dining serves as another reason to go north of the freeway. Breakfast and lunch options abound, particularly during the work-week. Dinner options are more limited but include the 21st Amendment and Pizza Autentica. The Mandarin Oriental offers three different dining establishments. One of which, the Empress Lounge, has live jazz Thursday through Saturday nights. Mandarin’s moderately-priced restaurant, the Sou’Wester, offers unparalleled views of the Waterfront.

For a more active adventure, consider the increasing number of recreational and cultural opportunities. Residents can find fitness clubs and spas at a range of

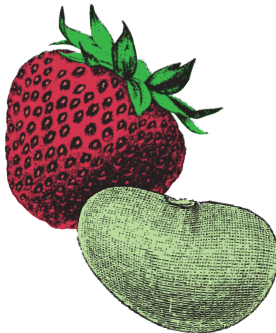
Continued on Page 14

ENJOY JULY ALONG THE WATERFRONT



THURSDAYS: Farmers Market with Jazz and Blues from 5-8pm

- July 7** Farmers Market
The Nighthawks
- July 14** Farmers Market
The Jolley Brothers Quintet
- July 21** Farmers Market
Whop Frazier Blues Band
- July 28** Farmers Market
Lyle Link Jazz Ensemble



Thursday evening activities at The Wharf also include Bean Baggo, Table Tennis and Bocce. The Wharf is also a FREE neighborhood WIFI hot spot.

FRIDAYS: Summer Rhythms and Food Truck Roundup from 6-8pm

- July 1** Texas Chainsaw Horns (Big Horn Motown)
Food Truck Roundup
- July 8** Junkyard Saints (Zydeco)
Food Truck Roundup
- July 15** Stryker's Posse (Reggae)
Food Truck Roundup
- July 22** Kilmain Saints (Celtic)
Food Truck Roundup
- July 29** Jacqui Simmons (Smooth Jazz)
Food Truck Roundup

Friday evening activities at The Wharf also include King Ribs BAR-B-Q, Bean Baggo, Table Tennis and Bocce. The Wharf is also a FREE neighborhood WIFI hot spot.

SATURDAYS: Waterfront Workouts from 9-11am

- July 2** YaLa Dance with Laurent Amzallag (9am)
Flow Yoga with Caitlin Uzzell (10am)
- July 9** YaLa Dance with Laurent Amzallag (9am)
Flow Yoga with Caitlin Uzzell (10am)
- July 16** YaLa Dance with Laurent Amzallag (9am)
Flow Yoga with Caitlin Uzzell (10am)
- July 23** YaLa Dance with Laurent Amzallag (9am)
Flow Yoga with Caitlin Uzzell (10am)
- July 30** YaLa Dance with Laurent Amzallag (9am)
Flow Yoga with Caitlin Uzzell (10am)



Saturday activities at The Wharf also include a Wake Up Grill by King Ribs, Bean Baggo, Table Tennis and Bocce. The Wharf is also a FREE neighborhood WIFI hot spot.

All events are FREE and open to the public.

The Wharf Farmers Market is managed by a partnership of the Neighborhood Restaurant Group and Arcadia Center for Sustainable Food and Agriculture.

The Wharf Jazz and Blues is produced by Jazz Night in Southwest, a project of Southwest Renaissance at Westminster Presbyterian Church.

The Wharf Summer Rhythms are provided through the generosity of DC Harbor Cruises.

The Wharf Yoga classes are produced by Caitlin Uzzell of Flow Yoga Center. The Wharf YaLa Fitness classes are produced by Laurent Amzallag.

CELEBRATE SUMMER AT THE WHARF

Thursday Evenings in July

Festivities begin at 5pm and continue to 8pm

700 Water Street SW at the 7th Street Landing

JULY THURSDAY EVENING EVENTS

Farmers Market with Jazz and Blues

The Farmers Market will include a green market of fruits and vegetables managed through a partnership of the Neighborhood Restaurant Group and Arcadia Center for Sustainable Food and Agriculture. The neighborhood farmers market will feature:

Arcadia Market (organic vegetables, fruits and greens)

Red Apron Butcher & Larder (hand cut and house cured meats)

Frank (handmade hot dogs from Red Apron)

Buzz Bakery (baked goods, desserts and beverages)

Handcrafted Beers and Regional Wines
(from the purveyors of ChurchKey and Birch & Barley)

People's Bao (Asian steamed buns)

King Ribs BAR-B-Q (with Grillmaster Bufus)

Jazz and Blues by Jazz Night in Southwest
(a project of Southwest Renaissance at Westminster Presbyterian Church)

Special Evening Activities Include:
Bean Baggo, Table Tennis, Bocce, Free WIFI

The Wharf is a \$2 billion, world-class, mixed-use waterfront development located on the historic Washington Channel in the Southwest Waterfront neighborhood. The redevelopment area stretches across 27 acres of land and 24 acres of water from the Municipal Fish Market to Fort McNair. When complete, it will feature approximately three million square feet of new residential, retail, office, hotel, cultural, and public uses including waterfront parks, promenades, piers, and docks.

The Wharf is a large-scale waterfront neighborhood developed by Hoffman-Madison Waterfront as part of the District of Columbia's Anacostia Waterfront Initiative. The Wharf development team is led by PN Hoffman and Madison Marquette and is comprised of ER Bacon Development, City Partners, Paramount Development, Struever Bros. Eccles & Rouse and Triden Development. Groundbreaking is scheduled for 2012 and the first phase of The Wharf is scheduled to open in 2015. More information is available at www.wharfdc.com.



THE WHARF
SOUTHWEST WATERFRONT

www.wharfdc.com

Education and Schools

Amidon-Bowen fifth grade “Royal Learners” finish the year with pride and ceremony

Natori White, Jada Williams and Aliyah Solomon lead the audience in the pledge of allegiance at the Amidon-Bowen fifth grade Promotional Ceremony on June 10. Photo by Meg Brinckman.



By Meg Brinckman

On June 10 the Royal Learners — a name adopted by the Amidon-Bowen fifth-grade class — participated in a Promotional Ceremony to mark their transition into Middle School.

Awards for academics and extra-curricular activities were presented along with the “Certificates of Promotion” to the class of 2011 amid cheers of proud parents and family members.

Principal LaShante Knight greeted parents and community members who gathered to celebrate this step forward for the students. Aliyah Solomon, Natori White and Jada Williams shared mistresses-of-ceremony duties.

Tyree Taylor read an essay, “One Step Closer to

a Career,” and Malick Sebo, Mylan Barnes, Sean Palmer, Viquisha Smith and Tyree Taylor led the class pledge.

The pledge developed by the class last fall states “education is our number one priority,” and celebrates the need to try “tomorrow and in future years to come.” It ends with a promise, “when I get to the top of the mountain, I will help someone else to make the climb.”

The Royal Learners Ensemble presented musical selections, “Sing America Sing”, “A Gift to Share”, and the favorite “Put a Little Love in Your Life.”

The keynote speaker, introduced by Natori White, was D.C. Youth Mayor, David Williams.

Selection process for new Amidon-Bowen principal begins

By Meg Brinckman

As part of the reconstitution process Amidon-Bowen Elementary School will have a new principal as early as July 5.

Reconstitution is a process in which the majority of a school’s faculty, support staff, and leadership must reapply for their current position. Principal LaShante Knight was informed that her contract at Amidon-Bowen would not be renewed. Teachers and support staff members were likewise informed and interviewed for positions at Amidon-Bowen if they wished to reapply. Support staff members and teachers have been notified if they are to be reappointed.

This principal-selection process begins with candidates submitting resumes and written applications to the Chancellor’s Office to indicate their interest in the position of principal within the D.C. Public School System (DCPS). They are interviewed by a panel of three to six senior leaders from several DCPS top departments as well as an individual interview with the Chancellor. A pool of qualified applicants is formed and they are assigned to particular schools for a School Community Panel interview process.

Dr. Amanda Alexander, Instructional Superintendent of Cluster III Schools, met with the community on May 16 shortly after the decision to reconstitute Amidon-Bowen was made. Dr. Alexander explained that Amidon-Bowen had failed to meet the Academic Yearly Progress goals in reading and math stretching back to the period before Amidon was combined with

Anthony Bowen in 2008. Dr. Alexander asserted that DCPS couldn’t let this situation continue and said students in Southwest need better preparation for the demands and opportunities that lie ahead of them as they go forward to further education and careers.

A second meeting was held June 7 to inform the community and staff of the process for the School Community Panel. The panel had 13 to 15 members plus a non-voting Human Resources Specialist appointed by DCPS. The bulk of the panel was made up of PTA representatives, a Washington Teachers’ Union representative, teachers, parents, support staff members and community members. The group met at 7:30 a.m. at Logan School in Northwest on June 16 for a intensive session of hour long interviews of each of the four candidates chosen from the pool of candidates established by the Chancellor’s Office.

The Amidon-Bowen panel prepared a series of 12 questions for the candidates. DCPS provided an extensive list of suggested topic areas and sample questions, but panel members were encouraged to tailor questions to specific needs. The final 12 questions were submitted to the Instructional Superintendent’s office 24 hours before the panel met the candidates.

The panel recommended two candidates from the group of four to the Chancellor who must make the final decision. It is expected that the process will reach its conclusion by July 5, allowing the new principal to begin the hard job of shaping Amidon-Bowen into the school

the students and parents of Southwest need and deserve. While the community can applaud the orderly process that has been established to encourage community input into this important process, concerns remain about the level of support the new team will get to make the changes that will set Amidon-Bowen on the path of producing students succeeding to the levels required

by No Child Left Behind.

In addition to Amidon-Bowen four other schools will be reconstituted for the 2011-2012 school year. These are C.W. Harris Elementary in Southeast, Eastern High School in Northeast, Johnson Middle School in Southeast and Kramer Middle School in Southeast.

Voices of Now perform at Arena Stage

Jefferson Middle School students have participated in Arena Stage’s “Voices of Now” for several years, but this is the first year where they have been able to perform at Arena Stage at the Mead Center for American Theater’s Arlene and Robert Kogod Cradle. Their play this year, “Grounded,” produced by the students themselves, explores what it means to be grounded by one’s parents. It portends to trace the origin of the practice all the way back to prehistoric times. The Mentor Ensemble, made up of former Jefferson students also performed with their own play. This was the first time that specially arranged music and sound effects were added to the productions. Photos by Perry Klein.



Allen A. Flood, M.D.

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Education and Schools



Jay Nickerson (right), President of the Washington Waterfront Association presents Kerby Valladares (left), Southwest Branch Library Director, with donation. Photo by Ron McBee.

Washington Waterfront Association donates to Southwest summer lunch program

On June 16th the Washington Waterfront Association (WWA) donated a new refrigerator to the Southwest Neighborhood Library to assist in the library's partnership with D.C. Hunger Solutions and the District Department of Parks and Recreation summer free lunch program. With a reduction in the number of summer camps that traditionally provided free lunches to neighborhood children, the need for alternative programs became acute. In order for the Southwest Neighborhood Library to step in and serve as one of only two free-lunch locations in South-

west a new refrigerator was required. When J. Nickerson, President of the Washington Waterfront Association, learned of the library's need, the WWA purchased one on the library's behalf. "When the

Chairman of ANC 6D, Ron McBee, advised me Mr. Kerby Valladares, the branch director for the Southwest Neighborhood Library, needed a new refrigerator to provide free lunches to children in the Southwest this summer, it was a no brainer and our executive officers approved the purchase." Nickerson said.

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Summer computer-for-kids classes offered for younger age group

By Thelma Jones

This summer the Southwest Neighborhood Assembly Youth Activities Task Force (YATF) will sponsor a computer-training program for children aged seven through nine for the first time. YATF computer classes are normally offered to children aged 10 through 12.

YATF has decided to welcome children ages seven through nine after regularly observing a younger kids flocking to the classes and expressing interest in developing computer skills. The

eight-week summer program will begin Monday, June 27, at 6:30 p.m. at the Syphax Gardens Resident Council Office at 1501 Half St., SW, Second Floor.

Classes will last one hour and include sessions on keyboarding, Microsoft Word, Microsoft PowerPoint, Microsoft Excel, and Internet searches. The classes are limited to nine students and are free. Refreshments will be served and registration is required.

To register email Thelma D. Jones at tjones15@verizon.net or call 202-488-3746 or 202-251-1639.



Proud Graduate

Matthew Johnson, a four-year basketball player at Woodrow Wilson High, received his high-school diploma June 14 from Ballou S.T.A.Y. High School. Johnson is on Southwest's young adult's basketball team "BMAD" that has won Group-Hoop Tournament championships three times in a row. Photo by Dale MacIver.

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Art and Culture

Southwest to host major arts festival in September

Arena Stage's 1961 move to Southwest first put our little neighborhood on the world's artistic map. Over the years since, we've periodically hosted arts festivals: the Southwest Arts Festival in the '70s, Riverfest in the '80s, Festival of the Arts in the '90s.

With Southwest undergoing major redevelopment, the time has come to revive a neglected tradition. This fall, from Friday through Sunday, Sept. 23-25, Southwest will hold our first annual SW ArtsFest.

SW ArtsFest 2011 will bring together nine different organizations — a cross-section of Southwest's cultural community — under the theme "Discover Southwest." The festival will include the (e)merge art fair and the Marcus Creative Art Market, performances and children's activities at Arena Stage at the Mead Center for American Theater, the D.C. Jazz Preservation Festival, the Human Rights Film Festival, an outdoor art studio for children and more.

Coincidentally, SW ArtsFest 2011 events will start one day after a simulcast of the Washington Opera's *Tosca* at Nationals Park, Thursday, Sept. 22, part of the opera's annual free "Opera in the Outfield."

Public SW ArtsFest events will start Friday, Sept. 23 at the Skyline Hotel, with the (e)merge art fair, open through Sunday. (e)merge will showcase art from regional and international emerging galleries and by unrepresented artists, as well as offer discussions and performances. (e)merge will charge admission (\$15); but admission to the rest of SW ArtsFest 2011 is free.

Both Saturday and Sunday, Marcatus Creative Art Market — after spending the summer at Yards Park — will bring us artists' tents, crafts vendors, music and food. On Saturday, Arena Stage at the Mead Center for American Theater will offer open rehearsals, tours of its new facility, theater and crafts activities for kids and performances by the National Hand Dance

Association. That same Saturday, the Wharf on the Southwest Waterfront will host "Little Hands Big Art," an outdoor art studio for kids and "Sing Out Southwest," a capella singing by some of D.C.'s finest vocalists.

The corner of Fourth and I Streets will see major events all weekend. On Saturday, Christ United Methodist Church will present visual and textile arts, dance, a flea market, a performance of the classic musical *God's Trombones* and music by Donal Leace, a member of the Washington Area Music Awards Hall of Fame. Westminster Presbyterian Church will hold its 10th Annual D.C. Jazz Preservation Festival, featuring D.C.'s finest "straight-ahead" jazz musicians along with sales of handmade crafts and food from fried fish to bread pudding. On Sunday at Westminster, both churches will co-sponsor the Amnesty International Human Rights Film Festival.

On Saturday St. Augustine's Episcopal Church will hold its annual family-friendly end-

of-summer fair, featuring raffles, local musicians, children's activities and sales of arts and crafts, household items, second-hand clothes and food from hot dogs and barbecue to home-baked pies and cakes. Also on Saturday, Second Baptist Church Southwest will host outdoor performances by neighborhood church choirs, dancers and bands.

Throughout Southwest all weekend, Washington Walks founder Carolyn Crouch will conduct free walking tours.

All SW ArtsFest programming is subject to change. But one thing's for sure: This year, for art, Southwest will be the place to be.

At the Southwest Neighborhood Assembly's July 25th public meeting, ArtsFest producers will further describe their participation in SW ArtsFest 2011. Until then, for more information, go to www.swdcartsfest.org or e-mail ANC6D02@capaccess.org.



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At Arena Stage, Centennial Festival celebrates Tennessee Williams

By Sheila Wickowski

The Tennessee Williams Centennial Festival, a year-long expansive celebration of 100 years passing since his birth, is coming to a close with a grand wrap-up at Arena Stage.

The Glass Menagerie Project mounted by Arena Stage and Georgetown University is centered around Williams' most autobiographical work, *The Glass Menagerie*. Set in 1930s St. Louis, this haunting memory play about a family struggling to maintain dreams for the future has long been an American theater classic. The Centennial Festival production refreshes what is often presented as a dismal hopeless tale with the underlying humor and humanity that underlines Williams' characterizations of the two women he loved most: his mother and sister.

Sarah Marshall leads as the persistent Aman-



Recent Georgetown alumna Rachel Caywood plays Laura Wingfield in Tennessee Williams' *The Glass Menagerie*, running June 9 through July 3 at Arena Stage at the Mead Center for American Theater's Arlene and Robert Kogod Cradle as part of the partnership between Arena Stage and the Georgetown University Theater and Performance Studies Program. Photo courtesy of Arena Stage at the Mead Center for American Theater.

da Wingfield, who hovers over her brood. Clark Young plays her son Tom who is ever anxious to escape his home while his sister Laura, played by Rachel Caywood, never wants to leave. Michael Mitchell is the "gentleman caller," Jim.

To explore the play further, Arena is offering three short ensemble pieces that run between 30 and 50 minutes before and after select performances of the play. All three plays are performed on Sundays at 6 p.m.

Elegy for Rose is an ensemble piece in which four actresses explore Williams' relationship with his sister Rose and its influence on his leading female characters, especially Laura, in *The Glass Menagerie*.

The Menagerie Variations is an ensemble piece developed from the Williams archives. Williams' plays have sad endings; this play draws on other works in which he tried to give his characters happier lives and clearly demonstrate how unrealistic such pleasant endings would be.

For Whom the Southern Belle Tolls is a parody of *The Glass Menagerie* by Christopher Durang. Totally disrespectful, Durang portrays the crippled sister, Laura; hypochondriac brother, Lawrence; gentleman caller, Jim; and a loud-mouthed, masculine Ginny. The spoof does not portray Amanda as a gentle woman, nor is Tom

an eloquent poet, yet Durang's spoof honors Williams in its own exuberant, nutty way.

Two interactive installations featuring different aspects of Williams' life are performed outside the Kogod Cradle. *The Overstuffed Chair* conceived by Courtney Ulrich is based on Williams' short story about a chair that "absorbed in its fabric" his family life. *Tenn Encounters* conceived by Lucy Obus draws on family snapshots from Williams' journals, visuals from the silver screen and features a map to follow his extensive travels across the United States.

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WHAT: *The Glass Menagerie* by Tennessee Williams

WHERE: Arlene and Robert Kogod Cradle at Arena Stage at the Mead Center for American Theater, 1101 Sixth Street, SW
WHEN: June 9 to July 3, 2011

COST: Tickets from \$35. All project performances and installations are free.

PURCHASE: Online at www.arenastage.org, by phone at 202-488-3300 or at the Sales Office at 1101 Sixth Street, SW.

Religion and Spirituality



Father Norman A. Haddad of St. Dominic Parish on E Street, SW celebrated his 50th anniversary as a priest on Sunday, June 12. Shown with Father Haddad (center) are long time parishoners Theresa de Lacy-Egan (left), Howard Dent and Nancy Schertler (right). Photo by Sheila Wickowski.

Ending hunger one step at a time

By Corinne Scott

More than 150 walkers from around the city participated in the 2011 Washington, D.C. CROP Hunger Walk on Saturday morning, May 21. Together they raised more than \$17,000 to support projects and programs that fight hunger locally and around the world through the Church World Service. The organizing committee allocated 25 percent of walk proceeds to two local organizations, Martha's Table and D.C. Hunger Solutions, to further their work in combating hunger.

Once again the top fundraiser was Ambassador Mattie R. Sharpless, who raised \$3,829. This year Sharpless also enlisted her sisters from the Alpha Kappa Alpha (AKA) Sorority, Xi Omega Chapter, to form the walking team that raised the most money, \$5,140, a true expression of the sorority's global poverty initiative. The second highest individual fundraiser was Sarah McCormack of Riverside Baptist Church, and the second highest grossing team was Christ United Methodist Church.

Even though the CROP Walk is a city-wide event, the walk has taken place in Southwest, D.C. for the last six years. with the majority of walking teams from the churches of Southwest — Christ United Methodist, Riverside Baptist, St. Augustine's Episcopal, St. Dominic Catholic, St. Matthew's Lutheran and Westminster Presbyterian. In addition to the new AKA Sorority



Pamela Payton, Mattie Sharpless, M. Parker Anderson-Mabry and Jennifer Allen Members of the Alpha Kappa Alpha Sorority, Xi Omega chapter, team prepare for the Crop Walk. Photo by Richard Westbrook.

team, three other teams joined the walk this year, Calvary Baptist, Dumbarton United Methodist and the Edgewood/Brookland Family Support Collaborative.

Walkers gathered at Christ Church, Fourth and I Streets, SW, for the opening ceremonies on a beautiful spring day, then set off for a five mile walk through the diverse neighborhoods of Southwest and Near Southeast — this year's route took them as far as the new Yards Park.

Walkers were welcomed at the finish line by members of Westminster Presbyterian Church, Fourth and I Streets, SW, where they had the chance to share refreshments, their experiences, and enthusiasm to commit themselves to continue to walk with those who walk each day for food, water, shelter, work, and to meet daily survival needs.

The annual Washington D.C. CROP Hunger Walk is one of approximately 2000 CROP Hunger Walks that take place across the United States. In 2010, approximately \$16 million was raised for Church World Service programs that are actively engaged in emergency response efforts in the aftermath of tornadoes and floods in many parts of the United States and Ghana.

Corinne Scott is the Coordinator for the Washington D.C. CROP Hunger Walk



Organizers and participants prepare for the Crop Walk in front of St. Augustine's Church in Southwest. Photo by Richard Westbrook.

Religious Calendar

Galilee A.M.E. Church

Worshipping at St. Augustine's Episcopal Church, 600 M St. SW
202-258-6812
Rev. S. Isaiah Harvin
Sunday: 2 p.m.
Wednesday: Bible Study 7:30 p.m.

Bethel Pentecostal Tabernacle of the Assemblies of God

60 I St. SW
202-251-5137
Pastor Robert Carter
Sunday: 10:45 a.m.; Friday Prayer and Bible Study: 8 p.m.

Carron Baptist Church

1354 First St., SW
202-484-3172
Pastor Lester W. Allen
Sunday: 11 a.m.
Tuesday: Noon Day Prayer, 7:30 p.m. Bible Study

Friendship Baptist Church

900 Delaware Ave. SW
202-488-7417
Rev. Dr. J. Michael Little, Pastor
Sunday: 9:30 A.M, Sunday School; 11 a.m. Morning Worship
Tuesday: 7 p.m. Prayer Service and Bible Study

Riverside Baptist Church

Seventh St. and Maine Avenue SW
202-554-4330
Pastor Michael Bledsoe, Ph.D.
Sunday: 10 a.m. with Bible Study at 9 a.m.

St. Matthew's Baptist Church

1105 New Jersey Ave. SE
202-488-7298
Rev. Dr. Maxwell M. Washington, Pastor
Sunday: 8 a.m. Sunday School; 9:05 a.m. Worship Service
Tuesday: 7 p.m. Prayer Meeting & Bible Study

Second Baptist Church Southwest

First & M streets, SW
202-484-3112
Pastor C.L. Brown
Sunday: Church School 8:30 a.m.; Morning Worship: 9:45 a.m.
Wednesday: Bible Study noon and 7 p.m.

Second Union Baptist Church

1107 Delaware Ave. SW
202-484-7012
Rev. William Harrison, Pastor
Sunday: 9 a.m. Sunday School,

10:15 a.m. Worship

St. Dominic Catholic Parish

603 E St. SW
202-554-7863
Fr. Gregory Salomone,
O.P.Saturday: 5:15 p.m.
Sunday: 8 a.m., 10:45 a.m., 12:15 p.m. (Spanish), and 5:15 p.m.

St. Vincent de Paul Catholic Church

14 M St. SE
202-488-1354
Fr. Richard Gancayco
Sunday: 8 a.m.
Mon. and Fri.: 12:10 p.m.

St. Augustine's Episcopal Church

600 M St. SW
202-554-3222
Rev. Martha Clark
marthakclark@yahoo.com
Sunday: 9:30 a.m.
Tuesday: 6:30 p.m. Evening Prayer

St. Matthew's Lutheran Church

Worshipping at First Trinity Lutheran Church, 501 Fourth St. NW at Judiciary Square
410-375-5053 (cell)
Pastor Phillip Huber
Sunday: 10:30 a.m.
Thursday: 6 p.m.: Bread and Soup, 6:45 p.m. Evening Prayer

Christ United Methodist Church

900 Fourth St. SW
202-554-9117
Rev. Adrienne Terry
Sunday: 10 a.m.
Thursday: noon & 6:30 p.m., Bible Study

St. Paul African Union Methodist Protestant Church

401 I St., SE
202-997-3049
Rev. Karen Mills
Sunday: 11 a.m. and 3 p.m.

Westminster Presbyterian Church

400 I St. SW
202-484-7700
Co-Pastors: Rev. Ruth Hamilton and Rev. Brian Hamilton
Sunday: Worship 11 a.m.
Blue Monday Blues: 6 - 9 p.m.
Wellness Wednesday Yoga: 4 - 8 p.m.
Friday Jazz Nights: 6 - 9 p.m.

Notes to the Nats: The geometry of hitting a baseball

By Zev Feder

Just as Southwest and Near Southeast are in the process of a dramatic transformation, the Washington Nationals are, piece by piece, building a quality baseball lineup. Yes, there is Zimmerman, Espinosa, Strasburg and Harper in our future. But emerging from nowhere is a first baseman very few had anticipated. Michael Morse is more than a pleasant surprise. He is strong and can hit. And if he made one adjustment in his approach, he would be a beast in the middle of the batting order.

Morse is currently a predominantly a pull hitter, preferring to get his bat out in front of the plate and hit the ball towards left field. But, enticingly, he has demonstrated that he has the ability to hit outside pitches to right field.

Unfortunately, this article is about the geometry of hitting.

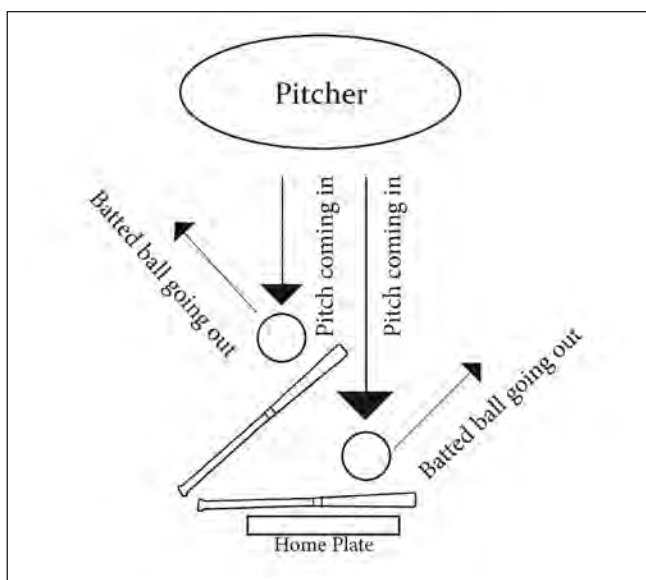
Hitting a pitch with the sweet spot on the bat is what generates line drives and home runs. If you follow the curved arc that the sweet spot of the bat traces through the air when swung you will see as the sweet spot moves through the swing — from a deep

contact point near the catcher to a contact point out in front of the plate closer to the pitcher — the arc also moves across the plate from the outside corner of the strike zone to the inside corner.

An inside pitch will intersect the arc of the sweet spot out in front of the plate. An outside pitch will intersect the sweet spot at a deeper contact point. Any attempt at hitting other than these two options results in either bat/ball contact somewhere other than the sweet spot or no contact at all.

So, the final piece of the puzzle. The focus point of the swing is the point at which the batter's hips create the torque necessary for driving the ball. The batter, therefore, needs to be comfortable with two swings: one with a focus point out in front of the plate for pulling the ball, the other with a focus point deeper in the batter's box, for driving it to the opposite field.

Inside pitch/outside pitch. Focus point out front/focus point back. Two swings, each with plenty of hip power. Michael Morse with two powerful swings — a beast.



OTHER SW

From p. 7

price points. For something different peruse the Washington Design Center whose show rooms offer ample ideas for home renovation projects. Of course, the National Mall museums and the Holocaust Museum lie at the periphery of Southwest. Although many of us consider the Mall to be the province of tourists, it used to be a popular destination for Southwest residents. With increasingly contemporary and dynamic programming from some of these museums, the Mall could once again become a regular destination for Southwest residents. Just south of the Mall, bucolic open spaces are being planned to line C Street between the Mary Switzer and Wilber Cohen Buildings.

But if you have no particular destination, or if your destination is beyond Southwest, consider walking in the District. Certainly,

one would be hard pressed to find a corridor in the District as dynamic as a typical street downtown. But that doesn't mean the trip is not worth taking. A number of distinctive pedestrian pathways weave through, above, and under the District, such as the railroad spur connecting the Waterfront to Maryland Avenue. Several points of interest lie within Southwest, including the 1875 St. Dominic's Church and the District's bold new Forensics Laboratory, not to mention the variously majestic and utilitarian Maryland Avenue view shed.

Today, the part of Southwest north of the freeway offers a number of opportunities that are easy to overlook. At the same time, much unrealized potential beckons. Several planning initiatives are considering how to improve the area. Additionally, it's increasingly likely that this area will also soon be part of Ward 6. Southwest residents have a great opportunity to help shape how this area evolves in the coming months and years.

King-Greenleaf baseball teams finish strong season

By Coach Ronald Hines

The King-Greenleaf Recreation Center baseball teams participated in championship games in mid-June.

The 10-and-under King-Greenleaf Twins won the city title game on June 16, beating the Woodridge Warriors 9 to 4.

The 12-and-under King-Greenleaf White Sox beat the No. 14 Raiders on championship day with a score of 9 to 1.

The 13-to-15 Babe Ruth team has five players on the all-star team this year: Nicholas Hinton, Anton Gross, Charles Kibler, Wesley Davis and Kyle Foster. That team recently pulled out a close 3 to 1 win against a strong Front Royal team.

Free yoga classes offered Saturday mornings at Seventh Street Landing

Caitlin Uzzell of the Flow Yoga Center is offering free yoga classes every Saturday until the end of Sept. at the Seventh Street Landing. Classes begin at 10 a.m. and last one hour. The Seventh Street Landing is located at the intersection of Seventh and Water streets, SW. The classes are sponsored by Hoffman-Madison Waterfront in cooperation with the Flow Yoga Center, 1450 P St., NW. Although classes are free, participants must bring their own mats.

"I like to challenge my students to push out of their com-



Photos of Uzzell's yoga classes by Perry Klein

fort zones while still honoring their personal edge - stretching the body and mind through strength and grace," Uzzell said. "My classes incorporate meditation, a strong flow of movement through poses connected to breath, powerful music with a peppering of yin poses. I carry the intention while teaching to provide students with a physical exercise, a subtle splash of philosophy and end with grounded balance to take into the world."

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At home in the ballpark

By Kristen Lee

As a native Washingtonian, Mary Alice Valentine remembers visiting Griffith Stadium to see the Washington Senators play. She also remembers the pain she felt when the team moved away. "It hurt," Valentine said, "it just hurt when we had no baseball."

Fast forward to 2005 when the Washington Nationals returned to the city. Valentine was not able to attend any games at RFK Stadium, but she watched from her house on South Capitol Street as Nationals Park was built piece by piece.

"I love it. It's a good thing for the community, for the neighborhood and for D.C. It's a good thing," she said of Nationals Park. Mary Alice believes that, "even if you don't like baseball, you give yourself a treat by coming to the ballpark."

Originally from Northwest D.C., Valentine has been a resident of the Southwest neighborhood for 32 years, serving as an active member of the community since moving to the area; first with the police department, and now as a Nationals ticket taker outside Garage B.

Her devotion to the community can be seen every game day when she walks across South Capitol Street to welcome fans with open arms to



Mary Alice Valentine greeting a Nats fan. Photo courtesy of Washington Nationals.

Nationals Park, a place she calls "her house." Whether she is greeting members of Congress, news anchors, federal judges or everyday baseball fans, she ushers in each with love. "It's like one big family," Valentine said.

Having seen the neighborhood in need of repair and revitalization firsthand, Valentine is excited about the team's commitment to the community and hopes that the Nationals will continue their efforts to help Southwest residents, especially the local children. She looks forward to the day when the neighborhood becomes an area similar to Baltimore's Inner Harbor.

"It's bringing change. It's making things better in Southwest," she added.



Photos courtesy of Washington Nationals

Washington Nationals revamp Miller Lite Scoreboard Walk

The Washington Nationals recently introduced a winning team of culinary offerings from Danny Meyer's Union Square Hospitality Group (USHG) to the Miller Lite Scoreboard Walk. The team officially opened Blue Smoke, Shake Shack, El Verano Taquería and Box Frites on Tuesday, June 14, prior to the Nationals-Cardinals game.

Located on the Mezzanine Level behind the Main Scoreboard, Nationals fans can now experience unique twists on traditional baseball fare, with menu options that rival those at some of DC's favorite restaurants. In addition, the new space is home to a contemporary lounge area which allows fans to eat, drink and socialize, all without missing a minute of the action.

"The idea was to create a village, a park within a park, where people could feel comfortable, hang out and have a good time," Nationals Chief Operating Officer Andrew Feffer said. "The new atmosphere combined with the fantastic new food options from Union Square Hospitality Group will make this one of the hottest destinations in sports."

Whether it's the mouthwatering real pit barbecue from Blue Smoke, addictive Belgian-style fries and dipping sauces at Box Frites, authentic Mexican food and flavors from El Verano Taquería, or Shake Shack's

popular ShackBurgers, hot dogs and frozen custard, fans of all ages can now experience Union Square's celebrated cuisine during games throughout the season.

"This is absolutely amazing. It's something I think the fans will definitely enjoy," said Nationals fan Armond Harris. "The thing I love about it is that the Nationals are bringing some food options here that haven't been available in the DC area before now, with Blue Smoke, El Verano Taqueria and Shake Shack, I'm very impressed."

What's more, the Nationals built upon the ballpark's environmentally-friendly design by incorporating a variety of sustainable elements, including sustainable indigenous plants and trees that require less water and maintenance while attracting native birds and butterflies. There are also 14 shade sails made of fully recyclable HDPE architectural shade fabric, which cool the space by up to 20 degrees and protect party-goers from the sun's harsh UV rays.

"The intimate setting here is a lot of fun and really adds to the atmosphere here at the ballpark," said Nationals fan Anna Gibbs. "The entertainment during each game, the shade, the comfortable chairs, the fun environment; it's different than a lot of ballparks."

Venus, Serena lead Washington Kastles into brand new stadium

There's a new sensation on the Southwest Waterfront this summer. The Washington Kastles are all set to move into their new home at 800 Water St., SW, where they will seek their second World Team Tennis championship in three seasons.

Construction is complete on Kastles Stadium at The Wharf, which features views of the Washington Monument, easy Metro access and lots of parking options.

"What a magnificent venue this is," Mayor Vincent Gray said at the stadium's June 14 ribbon-cutting ceremony. "I couldn't wait to see what it would look like on the waterfront... Having it down here will make it accessible to lots of people."

Attendees at Washington Kastles matches this summer will be greeted with music, mascots and free post-match autographs from every player for all kids 16 and under. And, no seat inside the intimate Kastles Stadium is further than 15 rows from the court.

Tickets are available at Ticketmaster.com.

Returning to the Kastles are Serena Williams, Leander Paes and Rennae Stubbs – three key members of the 2009 team that won the WTT Championship.

Venus Williams is also back for her second year with Washington, while up-and-coming Russian Arina Rodionova and reigning Rookie of the Year Bobby Reynolds will provide singles support.

Venus will lead the Kastles against the Kansas



Venus Williams (left) will help lead the Washington Kastles at The Wharf this summer. Photo courtesy of the Washington Kastles.

City Explorers on July 5 in the historic opening match at Kastles Stadium at The Wharf. The match will air live on Tennis Channel and Comcast SportsNet, and all fans in attendance will receive a complimentary T-shirt courtesy of GEICO.

On July 7 Serena Williams is scheduled to play her first match in the United States since the

2009 US Open when the Kastles seek revenge against the Boston Lobsters.

On the last night of the 2010 season, Boston defeated the visiting Kastles to earn the final WTT playoff berth. With home-court advantage and one of the greatest women's tennis players of all time, the Kastles are favored this time around.

Another chapter will be added to the most

heated rivalry in World Team Tennis on July 12 when legendary player and personality John McEnroe leads the New York Sportimes into DC.

Paes and Robert Kendrick are expected to be on opposite sides of the court in men's doubles that night, just as they were when they tagged each other with shots in 2009, sparking a confrontation between McEnroe and Paes that received national airtime on ESPN.

Following home matches against the Western Conference's Springfield Lasers, St. Louis Aces and Sacramento Capitals, the Kastles close the regular season at home against the Philadelphia Freedoms on July 21.

Philadelphia boasts 19-year-old Beatrice Capra of Ellicott City, Md., who reached the third round of the 2010 US Open as a wild card, defeating No. 18 seed Aravane Rezai along the way.

Individual match tickets for the inaugural season at Kastles Stadium at The Wharf start at \$15 and are on sale now at Ticketmaster.com.

Though the Kastles' home has changed, Owner Mark Ein stressed that the team's core values have never wavered since the team was founded in 2008.

"Our hope as we move from City Center to this beautiful location on the waterfront is that when people talk about this stadium, they say, 'Kastles Stadium at The Wharf is where people come together,'" said Ein.

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